

Foundations — My Life In Christ — Unit 1

MLIC 1.1

New Beginnings

I. **Introduction:** Read Luke 6:47-49 — **A solid foundation is essential** for growing as a child of God. This lesson is designed to introduce **obtaining and maintaining a solid foundation** for your Christian life. The fruit of a healthy foundation is stability and **growth through the best and worst of times**. In this congregation our aim is **fruitfulness for all of you** that glorifies God and lasts for eternity. Said in other words, helping you become **a disciple of Jesus that matures in Christ and helps others do the same**. In the North Country we don't have to travel far to see buildings with sagging roofs or a shifting structure. **The most common reason for these structural problems is in the foundation**. It may not be deep enough, may not have been properly laid, or may not be properly maintained, resulting in significant loss.

a. **What does the above verse tell you of the necessity of having a good foundation to build your life on?**

b. **What does it mean to dig a deep spiritual foundation? (Heb 6:1-3)**

c. **Definition of foundation:**

- i. **Greek** — “something put down, to lay a basis for something to be erected”
- ii. **English** — “ground work on which something is laid, or built;
- iii. **Application** — that which is built on foundations is only as strong as the ground work.

II. **Principles of a solid Christian foundation**

- a. **1 Cor 3:9-13 Jesus is the proper foundation / Eph 2:20 / Acts 4:11-12**
 - i. **The new birth is the beginning point**
 - ii. **Heavenly Father – Architect / Son – Model / The Holy Spirit is the construction mgr**
 - iii. The foundation will be tested in life. Luke 6:46-49
- b. **Proverbs 10:25 it is an everlasting foundation – 1 Timothy 6:19**
- c. **Matt 7:24-27 A good foundation holds together through life's storms.**
- d. **2 Tim 2:19 Identifies us with God**
- e. **Heb 6:3 the foundation determines what can be built.**
- f. **Gal 4:19-20 Foundations may be laid again when necessary**

Foundations — My Life In Christ — Unit 1

MLIC 1.1

New Beginnings

III. Questions & Discussion:

- a. **What are you building?** _____
- b. **How long do you want it to last?** _____
- c. **Who is your construction manager?** _____

IV. Preparation – tools and technique @ ACF uses to build a good foundation for spiritual development

- a. **Beginning The Journey – One on one relationship**
 - i. **Word – food for the soul**
 - ii. **Life Group – Relationship with believers**
 - iii. **Prayer – the lifeline between man and God**
 - iv. **Evangelism – making a difference in a needy world**
- b. **Spiritual Freedom Seminar**
- c. **LifeGroups** — learning to live with and for Jesus together.
- d. **Are you willing to examine your foundation and make any necessary adjustments?** _____

V. Proper Christian Birth

- a. **Everyone needs to be born again. Read 2 Peter 3:9 ... all should come to repentance.**
 - i. **Rom 5:12** ... thus death spread to all men, because all sinned — *Adam – Original Sin / Rom 3:23*
 - ii. **Rom 3:23** **all have sinned** and fall short of the glory of God, - *Actual Sin*
 - iii. **Rom 5:19** For as by one man's disobedience many were made sinners, so also by one Man's obedience many will be made righteous. – *Jesus Christ – God's answer*
 - iv. **Rom 10:9-10** ... confess with your mouth ... believe in your heart ...
- b. **Terms** used to describe the salvation experience or new birth:
 - i. **Born again – John 3:5-8**
 - ii. Justified by faith – Rom 12:1-2
 - iii. Converted – Matt 18:3
 - iv. Regenerated – Titus 3:5
 - v. Redeemed – Titus 2:13-14
 - vi. Saved – Romans 10:9-10, Eph 2:8-9
- c. **The new birth** – Born Again – Read **John 3:5-8**

Foundations — My Life In Christ — Unit 1

MLIC 1.1

New Beginnings

- i. Begins with a seed – **The Word of God**
 - ii. Water breaks – **Holy Spirit brings to repentance**
 - iii. Labor Pain – **The discomfort of conviction of sin**
 - iv. There is Blood – **The Blood of Jesus is applied by faith**
 - v. Breath of life – **Holy Spirit comes to reside**
- d. **Evidence of being Born Again:** Matt 3:8 Therefore bear fruits worthy of repentance
- i. **Confess and forsake sin – Proverbs 28:13** Whoever...
 - ii. Living Relationship with God – **John 8:42** If God were your father...
 - iii. **Spirit of adoption** with you – **Romans 8:15** Abba, Father...
- e. **Choices** that make possible growth as a Christian:
- i. **Right Relationships – 1 Cor 15:33** Do not be deceived...
 1. Yes to discipleship
 2. Love the un-reached
 3. Knowing Jesus — Jn 17:3
 - ii. **Word of God – 1 Peter 2:2** Desire the sincere milk...
 1. Personally read and pray
 2. Hear the Word of God preached
 3. Fellowship around the Word and in the Spirit
 - iii. **Faith – Heb 11:6** without faith it is impossible...
- f. **Questions:**
- i. What **Scriptures** speak to your heart about the need for all people to be born again?
 - ii. _____
Have you been born again, and how do you know?
 - iii. **Did your brains get born again?** _____
 - iv. **This week take 15 minutes and write out your born again story.**